



Making your day.

Swim Lessons

Fall II 2018

Begins November 5th, 7th & 10th

Swim sessions are eight weeks long and include seven weeks of lessons plus an additional week offering a family program open to all swimmers and family members.

<u>Monday</u>		
Goldfish	4:30 to 5:00	pm
Sunfish I	5:00 to 5:30	pm
Sunfish II	5:30 to 6:00	pm
Parent/child	6:00 to 6:30	pm
<u>Wednesday</u>		
Dolphin I	4:30 to 5:00	pm
Dolphin II	4:30 to 5:00	pm
Sunfish I	5:00 to 5:30	pm
Sunfish II	5:00 to 5:30	pm
Barracuda	5:30 to 6:00	pm
Adult	6:00 to 6:30	pm
<u>Saturday</u>		
Adult	8:30 to 9:00	am
Parent/child	9:00 to 9:30	am
Goldfish	9:30 to 10:00	am
Sunfish I	10:00 to 10:30	am
Sunfish II	10:00 to 10:30	am
Dolphin I	10:30 to 11:00	am
Dolphin II	10:30 to 11:00	am
Barracuda	11:00 to 11:30	am

Registration begins October 22nd

Classes begin November 5th, 7th & 10th

Family swim January 4th

Fee: \$30.00 per session

Please note: There will be no classes Saturday, November 24th due to Thanksgiving weekend. Makeup date is December 29th.

Swim Class Levels

Parent & Child 6 months -3 Years

Goldfish Preschool 3 - 5 Years

Sunfish Beginning 5 -14 Years

Sunfish II Advanced 5 –14 Years

Dolphin Intermediate 5 – 14 Years

Dolphin II Advanced 6 –14 Years

Barracuda Advanced 7 – 14 Years

Adult Lesson 15+ Years

Easy registration via PayPal at www.CatholicClub.org

Making your day safer by learning to swim!



Educational Child Care and Family Center. Open to Everyone.

1601 Jefferson Avenue Toledo, Ohio 43604 419.243.7255 p 419.243.6337 f CatholicClub.org



Swim Level Descriptions

Parent/Child Level 6 months-3 Years

Basic water adjustment, floating and beginning swim skills. Parent must participate in the water with your child.

Goldfish Preschool Level 3 - 5 Years

Basic water adjustment, floating and beginning swim skills. Must be independent enough to participate without a parent in the water.

Sunfish Beginning Level 5 -14 Years

No experience needed. Basic floating and beginning swim skills, front crawl and elementary backstroke.

Sunfish II Advanced Sunfish 5 – 14 Years

For children who have basic water skills but need improvement on basic strokes. Must be able to swim ½ width of the pool (25ft) on front and ½ of the width on their back prior to joining this class.

Dolphin Intermediate Level 5 – 14 Years

Must be able to swim one width of the pool (25ft.) front stroke and back stroke with no assistance prior to joining the class. Breathing technique, breast stroke introduction and other intermediate skills taught at this level.

Dolphin II Advanced Level 6 – 14 Years

Must be able to swim 1 length of the pool (25yds.) prior to joining the class. Advanced techniques and advanced stroke introduction taught at this level.

Barracuda Advanced Skills 7 – 14 Years

Must be able to swim two lengths of the pool (50yds.) prior to joining the class. All four major strokes are taught at this level in addition to endurance and breathing techniques.

Adult Lesson Any Level 15+ Years

Any swim level accepted. We will work on basic skills to help you get comfortable in the water.

Family Swim- Join us!

At the end of each session we offer an open swim time for families! The entire family may swim or you may just come and watch your child a show off his/her new skills!

General Information

Classes meet one time per week for 7 weeks. In addition, a family swim opportunity will be offered at the completion of each session.

Some class levels have prerequisite skills required.

Please read the class descriptions and speak with your instructor if you are unsure which level is the best for your child. We reserve the right to change your child's placement after the first class if we determine that he/she is registered into the wrong level. Your child will receive a certificate at the end of each session to advise you of the level that he/she will be in for the next session. Please be aware that most children require many sessions at the same level to learn all skills that it takes to move to the next level of classes.

Payment must be made at the time of registration.

We recommend that you register at least one week before classes are scheduled to start if possible. We are able to register over the phone with a credit card and PayPal is available on our website for your convenience: www.CatholicClub.org

Classes with fewer than three registered will be combined with another class or canceled. Classes will always be held the first week before a determination will be made to combine or cancel.

A parent or designated responsible adult **MUST** remain in the building during the child's swim lesson, and supervise young children in the locker-room. You may never simply drop your child off for his/her lesson!

Children enrolled in the Catholic Club preschool or after school programs will receive a free lesson during specific days/times, during which the parent is not required to be present (not listed on this flyer).

Refunds and Credits

Refunds in full will be given if you withdraw prior to the first day of class. Partial credits thereafter will be issued only with a doctor excuse for medical reasons. All refund requests are required to be emailed to: swim@CatholicClub.org